

COVID-19

LLANGWM COMMUNITY SUPPORT GROUP

This group has been established to coordinate the help and support needed through the Covid-19 crisis.

ARE YOU SELF-ISOLATING?

Do you need assistance with shopping, dog-walking, collecting prescriptions, etc. or even just want to chat to someone on the phone.

If "YES"

Then either get someone to take your details to **David Golding** in the **Cleddau Stores**.
or **E-mail him** on dauidsavid17@gmail.com

In an emergency ring

Matthew Evans - 07805 168632

Llinos Martin - 01437 890678

Liz Rawlings - 01437 891706

We are all facing difficult and uncertain times ahead, but we are very lucky to live in a caring and vibrant community.